

## **Appendix One: Glossary of Terms**

- Bisexual: someone who is attracted to people of the same gender and/or opposite gender.
- Gay: a man or woman who is attracted to people of the same gender.
- Heterosexual/straight: someone who is attracted to people of the opposite gender.
- Lesbian: a woman who is attracted to other women.
- Trans: someone whose assigned sex at birth differs to their psychological gender.
- Sexual orientation: the general attraction a person feels towards one sex or another (or both).

*(Definitions taken from the Slough JSNA).*

The term LGBT is often used to refer to people who identify as a minority sexuality or gender identity. It stands for lesbian, gay, bisexual, and transgender.

Other variations of this acronym are also used:

- LBGTQ: Lesbian, gay, bisexual, transgender and queer or questioning. Q may refer to either 'Queer' or 'Questioning'. Queer is sometimes used as an umbrella term for all sexual or gender minorities. Questioning refers to those people who are currently unsure about their sexuality and/or gender identity.
- LGBT+ : Lesbian, gay, bisexual, transgender and plus. The plus here is an umbrella term to refer to other sexual or gender minorities.
- LGBTQ+ :Lesbian, gay, bisexual, transgender, queer/questioning and plus. The plus here is again an umbrella term to refer to other sexual or gender minorities.